

Online and mobile dental tools help you get the whole picture

It's easy to *get more* out of your dental plan



Anthem 



You want to make good dental care decisions. *Smart!*
Your plan has free online dental tools to help you do that.

More convenience

So, where do you start? How about with your dental health habits and the **Dental Health Assessment tool**.

✔ Get your dental health score

Just answer a few online questions about your habits like brushing and flossing and how often you see the dentist. After you do, you'll get an easy-to-follow traffic light scoring report so you know where you stand and what to do about it.

Why? Dental health problems like gum disease are common and can lead to more serious problems, like losing a tooth. Knowing your score helps you understand your dental health and your risk of getting tooth decay, gum disease and mouth cancers. You can even take your report to your next dental appointment.

Check out the easy-to-understand personalized dental report

Log in to the Anthem Member Services website address on your ID card or your Anthem mobile app.

Take the **Dental Health Assessment** and discover your dental health score, like this one:



More care

Now you know your dental health score, but you've probably got questions. Where can you get answers?

🗉 Ask a Hygienist

You can email **Ask a Hygienist** your dental questions at no extra cost to you. You'll get answers quickly and privately by email in about 24 hours from one of a team of licensed dental professionals with expertise on how to help prevent and treat diseases of the mouth. They can even offer dental health tips.



More savings

Need dental care? Want to find out what it'll cost before you go?

🔍 Help estimating costs ahead of time

You're careful about what you spend money on — and about saving money, too! So you shop for the best value. With the **Dental Care Cost Estimator** tool, you can estimate the costs for common dental procedures and treatments and compare them for dentists and providers in your network before you get care. That way, you can make informed choices and save money.

Try out the Dental Care Cost Estimator

Just go to the tool and start your search.

Procedure Fee Tool

ESTIMATE DENTAL COSTS

Use the Procedure Fee Tool to find approximate costs that may be charged for dental procedures in a zip code area. The costs displayed give you an idea of what the provider may charge. The insurance company will determine the insurance benefits based on the dentist's actual fee and the terms of the employer's group insurance policy.

Step 1 Enter a ZIP Code where the provider is located. If not sure, enter your home ZIP Code.

Step 2 Enter a Keyword (e.g., cleaning) or Dental Procedure Code (e.g., D1110)

(If entering a Dental Procedure Code, be sure to include the letter "D" at the beginning, for example D2140).

OR

Select a Dental Procedure Category from the following list:

Select a Category

- Diagnostic Services
- Preventive Care
- Fillings & Inlays
- Crowns & Bridges
- Endodontics (root canals)
- Periodontics
- Dentures
- Implants
- Oral Surgery
- Others

To see results click the [Start Search](#) button.

[Terms & Conditions](#) | [Privacy Policy](#)

Fee information provided in partnership with FAIR Health

Get an estimate for what you'll pay.

Procedure Fee Tool

ESTIMATE DENTAL COSTS

Use the Procedure Fee Tool to find approximate costs that may be charged for dental procedures in a zip code area. The costs displayed give you an idea of what the provider may charge. The insurance company will determine the insurance benefits based on the dentist's actual fee and the terms of the employer's group insurance policy.

Procedure Fee Tool 80521:
‡ The procedure fee range will differ if your dentist's office is located outside the zip code indicated above.

Find rates for this procedure in another zip code
 [Change ZIP Code](#)

Estimate Procedure Fees by ZIP Code

Procedure Code† (CDT-14)	Category	Description	Fee Range *	In-Network Fee
D1110	Preventive	Teeth cleaning, adult	\$87 - \$97	\$59
D1120	Preventive	Teeth cleaning, child	\$64 - \$69	\$41
D1330	Preventive	Oral hygiene instruction	\$60 - \$60	\$23
D1351	Preventive	Pit & fissure sealant	\$55 - \$66	\$31
D1510	Preventive	Space maintainer, fixed, unilateral	\$318 - \$355	\$203

Ready to try out these tools?

Log in to the Anthem Member Services website address on your ID card or your Anthem mobile app.

Zoom in to get more:

Care. Convenience. Choices. Savings.

Zoom out for the big picture:

What's going on in your mouth could be a sign for what's going on elsewhere in your body — **90%** of the body's diseases show signs and symptoms in the mouth.*



Your dental plan is about more than teeth.

It's about caring for the whole body. Want to learn more? Log in to the Anthem Member Services website address on your ID card or your Anthem mobile app.

- Find a dentist in your plan.
- Order extra ID cards.
- Get the status of a claim.
- Learn ways to get more from your plan.

* Academy of General Dentistry Know Your Teeth website: InfoBites - Importance of Oral Health to Overall Health (accessed January 10, 2018); knowyourteeth.com.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.